

IRBC Book List
Updated October 2021

(KEY: Items in red are repeated listings that were already given in a previous category.)

Abuse

Domestic Abuse: How to Help by Powlison/Tripp/Welch

Help! Someone I Love Has Been Abused by Jim Newheiser

Is It My Fault? Hope and Healing for Those Suffering Domestic Violence by Justin Holcomb

Why Me? Comfort for the Victimized by David Powlison

Sexual Abuse: Beauty For Ashes by Robert W. Kellemen

Un-Ashamed: Healing Our Brokenness and Finding Freedom from Shame by Heather Davis Nelson

Rid of My Disgrace: Hope and Healing for Victims of Sexual Abuse by Justin Holcomb

Is It Abuse? By Darby A. Strickland

On Guard: Responding to Child Abuse at Church by Deepak and Reju

Addiction

Addictive Behavior by Welch

Addictions: A Banquet in the Grave by Edward T. Welch

Freedom from Addiction: Turning from Your Compulsive Behavior by Edward T. Welch

Divine Intervention: Hope and Help for Families of Addicts by Mark E. Shaw

Idols of the Heart: Learning to Long for God Alone by Elyse Fitzpatrick

Relapse: Biblical Prevention Strategies by Mark E. Shaw

'Just One More': When Desires Don't Take No for an Answer by Edward T. Welch

Gambling:

Hope and Help for Gambling by Mark Shaw

Pornography:

Proven Men: Be on Guard: Workbook Study by Joel Hesch

Help! He's Struggling with Pornography by Brian Croft

Pornography: Slaying the Dragon by David Powlison

When Your Husband Is Addicted to Pornography: Healing Your Wounded Heart by Vickie Tiede

At the Idol of Sexual Idolatry (Men) + Workbook by Steven Gallagher

Create in Me a Pure Heart: Answers for Struggling Women + Workbook by Steve and Kathy Gallagher

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Video Games:

Hope and Help for Video Gaming, TV, and Internet Addiction by Mark Shaw

Anger

The Heart of Anger: Practical Help for Prevention and Cure of Anger in Children by Lou Priolo

Uprooting Anger: Biblical Help for a Common Problem by Robert D. Jones

Anger and Stress Management God's Way by Wayne Mack

Help! My Anger is Out of Control by Jim Newheiser

Bitterness: The Root That Pollutes by Lou Priolo

Anxiety/Worrying/Fear

Courage: Fighting Fear with Fear by Wayne Mack

Down, But Not Out by Mack

IRBC Reformed Biblical and Clinical Counseling Source Unit: Panic Disorder by IRBC

Post-Traumatic Stress Disorder: Recovering Hope by Jeremy Lelek

Problems: Solving Them God's Way by Adams

Running Scared: Fear, Worry, and the God of Rest by Edward T. Welch

Priorities: Mastering Time Management by James C. Petty

Stress by David Powlison

Trusting God by Jerry Bridges

When I Am Afraid: A Step By Step Guide Away from Fear and Anxiety by Welch

When People Are Big and God Is Small by Edward T. Welch

Worry: Pursuing a Better Path to Peace by Powlison

Help! I'm Being Deployed by Barret Craig

OCD: Brain Lock (Medical) by Schwartz, M.D.

Self Image: How to Overcome Inferior Judgments by Lou Priolo

ADD

A.D.D. Wandering Minds and Wired Bodies by Edward T. Welch

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Attitudes

Attitudes of a Transformed Heart by Martha Peace

Disharmony: A Compilation of Puritan Quotes for a Life That's Out-of-Tune by IRBC

Idols of the Heart by Elyse Fitzpatrick

Cancer

Help! I Have Breast Cancer by Frields

Help! Someone I Love Has Cancer by Howard

Character

The Practice of Godliness by Jerry Bridges

Counsel from the Cross: Connecting Broken People to the Love of Christ by Elyse Fitzpatrick/Dennis Johnson

Disharmony: A Compilation of Puritan Quotes for a Life That's Out-of-Tune by IRBC

The Attributes of God by A.W. Pink

Child-Rearing

An Educated Choice: Advice for Parents of College-Bound Students by Frank A. Brock

Get Offa My Case: Godly Parenting of an Angry Teen by Rick Horne

Get Outta My Face: How to Reach Angry, Unmotivated Teens with Biblical Counsel by Rick Horne

A Hope Deferred: Adoption and the Fatherhood of God by J. Stephen Yuille

Shepherding a Child's Heart by Tedd Tripp

Shepherding a Child's Heart: Parent's Handbook by Tedd Tripp

Shepherding a Child's Heart: Leadership Guide by Bill Hill

Rediscovering Family Worship by Jerry Marcellino

Wise Words for Moms Chart by Ginger Hubbard

Don't Make Me Count to Three: A Mom's Look at Heart-Oriented Discipline by Ginger Hubbard

Age of Opportunity: A Biblical Guide to Parenting Teens by Paul David Tripp

Everyday Talk: Talking Freely and Naturally About God with Your Children by John A. Younts

Family Survival in an X-Rated World: A Practical Program Guarding Your Heart and Protecting Your Home by Zig Ziglar

Teens and Sex: How Should We Teach Them? by Paul David Tripp

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The Young Peacemaker: Teaching Students to Respond to Conflict in God's Way by Corlette Sande

Help! My Toddler Rules the House by Paul and Karen Tautges

Withhold Not Correction by Bruce A. Ray

A Homework Manual for Biblical Living, Volume 2 (Family and Marital Problems) by Wayne Mack

Christian Living in the Home by Jay E. Adams

Life in the Father's House by Mack and Swavelly

Lies Young Women Believe and the Truth That Sets Them Free by Nancy Leigh DeMoss and Dannah Gresh

Your Family God's Way by Wayne Mack

Christian Life

A Quest for More: Living for Something Bigger than You by Paul David Tripp

Active Spirituality: Grace and Effort in the Christian Life by Brian G. Hedges

Broken-Down House: Living Productively in a World Gone Bad by Paul David Tripp

Christ Formed in You: The Power of the Gospel for Personal Change by Brian G. Hedges

Christian Living in the Home by Jay E. Adams

Crucifying Morality by Glenn

Counsel from the Cross: Connecting Broken People to the Love of Christ by Elyse Fitzpatrick and Dennis Johnson

Disharmony: A Compilation of Puritan Quotes for a Life That's Out-of-Tune by IRBC

Godliness Through Discipline by Jay E. Adams

Guiltless Living: Confessions of a Serial Sinner Captured by the Grace of God by Ginger Hubbard

Idols of the Heart: Learning to Long for God Alone by Elyse Fitzpatrick

Lies Women Believe and the Truth That Sets Them Free by Nancy Leigh DeMoss

Lies Young Women Believe and the Truth That Sets Them Free by Nancy Leigh DeMoss and Dannah Gresh

Life in the Father's House: A Member's Guide to the Local Church by Wayne A. Mack and Dave Swavelly

Loving the Church: God's People Flourishing in God's Family by John Crotts

Priorities: Mastering Time Management by James C. Petty

The Practice of Godliness by Jerry Bridges

Prophet on the Run by Baruch Maoz

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A Proverbs Driven Life: Timeless Wisdom for Your Words, Work, Wealth, and Relationships by Anthony Selvaggio

Theology Made Practical by Joel R. Beeke, David W. Hall, and Michael A.G. Haykin

Reservoirs of Strength: Lessons from the Book of James by Gerald M. Bilkes

Respectable Sins: Confronting the Sins We Tolerate by Jerry Bridges

The Twin Pillars of the Christian Life by Wayne Mack

The Undistracted Widow: Living for God After Losing Your Husband by Carol W. Cornish

Trusting God Even When Life Hurts by Jerry Bridges

Truth Applied by Jay E. Adams

Ultimate Questions by John Blanchard

War of Words: Getting to the Heart of Your Communication Struggles by Paul David Tripp

Whiter Than Snow: Meditations on Sin and Mercy by Paul David Tripp

Wrinkled, But Not Ruined by Jay E. Adams

Church

Called to Preach? Pondering God's Commission for Your Life by Dr. John R. Sittema

Life in the Father's House: A Member's Guide to the Local Church by Wayne Mack and Dave Swavely

Loving the Church: God's People Flourishing in God's Family by John Crotts

Strange Fire: The Danger of Offending the Holy Spirit with Counterfeit Worship by John MacArthur

The Elder's Toolbox: Accelerated Instruction, Self-Evaluation, and Scripture References for Counseling by Dr. Jeff Doll

Truth Apparent/Applied: Application in Preaching by Jay E. Adams

Cognitive-Perceptual Disorders

Help! Someone I Love Has Alzheimer's by Deborah Howard and Judy Howe (\$4.50)

Conflict Resolution

The Young Peacemaker: Teaching Students to Respond to Conflict in God's Way by Corlette Sande

Resolving Everyday Conflict: Biblical Answers for a Common Problem Participant Guide by Peacemaker Ministries

Resolving Everyday Conflict by Ken Sande and Kevin Johnson

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The Leadership Opportunity: Living Out the Gospel Where Conflict and Leadership Intersect by Peacemaker Ministries

Help! I'm in a Conflict by Ernie Baker

How to Help People in Conflict: Becoming a Biblical Peacemaker by Jay E. Adams

Cults

The Kingdom of the Cults by Walter Martin

Dealing with Distress

Damsels in Distress: Biblical Solutions for Problems Women Face by Martha Peace

Post Traumatic Stress Disorder: Recovering Hope by Jeremy Lelek

Reservoirs of Strength: Lessons from the Book of James by Gerald M. Bilkes

Death

The Undistracted Widow: Living for God after Losing Your Husband by Carol W. Cornish

Spurgeon's Sorrows: Realistic Hope for Those Who Suffer from Depression by Zack Eswine

Grief: Learning to Live with Loss by Howard Eyrich

Departing in Peace: Biblical Decision-Making at the End of Life by Bill Davis

A Grief Observed by C.S. Lewis

Colors of Goodbye by Vaudrey

Mountains of Mercy by Genzink

Safe in the Arms of God: Truth from Heaven about the Death of a Child by John MacArthur

Deception

Deception: Letting Go of Lying by Lou Priolo

Lies Women Believe and the Truth That Sets Them Free by Nancy Leigh DeMoss

Lies Young Women Believe and the Truth That Sets Them Free by Nancy Leigh DeMoss and Dannah Gresh

Strange Fire: The Danger of Offending the Holy Spirit with Counterfeit Worship by John MacArthur

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Depression

Good Mood, Bad Mood: Help and Hope for Depression and Bipolar Disorder by Charles D. Hodges, M.D.

Bipolar Disorder: Understanding and Help for Extreme Mood Swings by Edward T. Welch

Spurgeon's Sorrows: Realistic Hope for Those Who Suffer from Depression by Zach Eswine

Christians Get Depressed Too by David Murray

Depression: A Stubborn Darkness by Edward Welch

Depression: Looking Up from the Stubborn Darkness by Edward Welch

Depression: The Way Up When You Are Down by Edward Welch

Down, But Not Out by Wayne Mack

Out of the Blues: Dealing with the Blues of Depression by Wayne Mack

Spiritual Depression by Martyn Lloyd-Jones

Will Medicine Stop the Pain? By Fitzpatrick and Henderson

Discipline

Godliness Through Discipline by Jay E. Adams

Don't Make Me Count to Three: A Mom's Look at Heart-Oriented Discipline by Ginger Hubbard

Handbook of Church Discipline: A Right and Privilege of Every Church Member by Jay E. Adams

Idols of the Heart: Learning to Long for God Alone by Elyse Fitzpatrick

The Twin Pillars of the Christian Life by Wayne Mack

Withhold Not Correction by Bruce A. Ray

Eating Disorders

Help! I'm a Slave to Food by Shannon Kay McCoy

Love to Eat, Hate to Eat by Elyse Fitzpatrick

Eating Disorders: Hope for Hungering Souls by Mark Shaw

Ebooks

Disharmony: A Compilation of Puritan Quotes for a Life That's Out-of-Tune by IRBC

Evangelism

Ultimate Questions by John Blanchard

IRBC Book List
Updated October 2021

Family Living

Don't Make Me Count to Three by Ginger Hubbard

Homework Manual for Biblical Living, Vol. 2 (Family and Marital Problems) by Wayne Mack

A Hope Deferred by J. Stephen Yuille

An Educated Choice: Advice for Parents of College-Bound Students by Frank A. Brock

Christian Living in the Home by Jay E. Adams

Get Offa My Case by Rick Horne

Get Outta My Face by Rick Horne

Domestic Violence: Is It My Fault? by Justin Holcomb

Lies Young Women Believe by Nancy Leigh DeMoss and Dannah Gresh

Life in the Father's House by Wayne Mack

Rediscovering Family Worship by Jerry Marcellino

Shepherding a Child's Heart by Tedd Tripp

Shepherding a Child's Heart, Leader's Guide by Bill Hill

Wise Words for Moms by Ginger Hubbard

Your Family God's Way by Wayne Mack

Forgiveness

Forgiveness: "I Just Can't Forgive Myself" by Robert D. Jones

Resolving Everyday Conflict by Ken Sande

Resolving Everyday Conflict Participant Guide by Peacemaker Ministries

The Peace Maker by Ken Sande

Choosing Forgiveness by Nancy Leigh DeMoss

General Counseling

Descriptions and Prescriptions: A Biblical Perspective on Psychiatric Diagnoses and Medications by Michael R. Emler

Developments in Biblical Counseling by J. Cameron Fraser

Psychobabble: The Failure of Modern Psychology—and the Biblical Alternative by Richard Ganz (Out of Print)

Quick Scripture Reference for Counseling: Expanded Edition by John G. Kruis

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Quick Scripture Reference for Counseling Women by Patricia A. Miller

Ready to Restore: The Layman's Guide to Christian Counseling by Jay E. Adams

Sufficiency: Historic Essays on the Sufficiency of Scripture by Heath Lambert, Wayne Mack, Doug Bookman, and David Powlison

The Elder's Toolbox: Accelerated Instruction, Self-Evaluation, and Scripture References for Counseling by Dr. Jeff Doll

Competent to Counsel by Jay E. Adams

A Theology of Christian Counseling by Jay E. Adams

Blame It on the Brain? by Edward T. Welch

Curing the Heart: A Model for Biblical Counseling by William Hines and Howard Eyrich

Diagnostic, Prescription, and Teaching Manual: Introduction, Volume Revision 2 by Dr. Jeff Doll

Gospel Conversations: How to Care Like Christ by Robert W. Kellemen

Gospel-Centered Counseling: How Christ Changes Lives by Robert W. Kellemen

Instruments in the Redeemer's Hands: People in Need of Change Helping People in Need of Change by Paul David Tripp

The Practical Encyclopedia of Christian Counseling by Jay E. Adams

Seeing With New Eyes: Counseling and the Human Condition Through the Lens of Scripture by David Powlison

Speaking Truth in Love: Counsel in Community by David Powlison

The Christian Counselor's Manual by Jay E. Adams

The Leadership Opportunity by Peacemaker Ministries

Truth Apparent/Applied by Jay E. Adams

Ultimate Questions by John Blanchard

Women Counseling Women: Biblical Answers to Life's Difficult Problems by Elyse Fitzpatrick

Self-Confrontation: Manual for In-Depth Discipleship by Broger

Counsel from the Cross by Elyse Fitzpatrick

Counseling the Hard Cases by Scott and Lambert

Critical Stage of Biblical Counseling by Jay E. Adams

Caring for the Souls of Children: A Biblical Counselor's Handbook by Amy Baker

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Grief/Loss

A Grief Observed by C.S. Lewis

Grief: Learning to Live with Loss by Howard Eyrich

Grief: Walking with Jesus by Bob Kellemen

Spurgeon's Sorrows by Zack Eswine

Safe in the Arms of God: Truth from Heaven about the Death of a Child by John MacArthur

Humility

Humility: The Forgotten Virtue by Wayne Mack

Influence

Becoming a Titus 2 Woman by Martha Peace

Wrinkled, But Not Ruined by Jay E. Adams

Knowing God's Will

Called to Preach? Pondering God's Commission for Your Life by Dr. John R. Sittema

The Attributes of God by Arthur W. Pink

Marriage/Divorce/Remarriage

Help! He's Struggling with Pornography by Brian Croft

Help! My Marriage Has Grown Cold by Rick Thomas

Help! My Spouse Has Been Unfaithful by Mike Summers

Lasting Love: How to Avoid Marital Failure by Alistair Begg

Love and Respect: The Love She Most Desires, the Respect He Desperately Needs by Dr. Emerson

Marriage: Whose Dream? by Paul David Tripp

Passionate Housewives Desperate for God by Jennie Chancey and Stacy McDonald

Pornography: Slaying the Dragon by David Powlison

Preparing for Marriage God's Way: A Step-by-Step Guide for Marriage Success Before and After the Wedding by Wayne A. Mack

When Sinners Say "I Do" DVD Series by Dave Harvey

When Sinners Say "I Do" Study Guide by Dave Harvey

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When Sinners Say "I Do": Discovering the Power of the Gospel for Marriage by Dave Harvey

Pre-Engagement: 5 Questions to Ask Yourself by David Powlison and John Yenchko

Homework Manual for Biblical Living, Volume 2 (Family and Marital Problems) by Wayne Mack

Relationships: A Mess Worth Making by Timothy Lane and Paul David Tripp

Restoring Your Broken Marriage: Healing After Adultery by Robert D. Jones

Solving Marriage Problems: Biblical Solutions for Christian Counselors by Jay E. Adams

Strengthening Your Marriage by Wayne Mack

The Excellent Wife by Martha Peace

The Exemplary Husband by Stuart Scott

The Intimate Marriage: A Practical Guide to Building a Great Marriage by R.C. Sproul

War of Words: Getting to the Heart of Your Communication Struggles by Paul David Tripp

When Your Husband Is Addicted to Pornography: Healing Your Wounded Heart by Vickie Tiede

God's Counsel on Marriage and Parenting by Meengs

Picking Up the Pieces (Losing That Lovin' Feeling) by Lou Priolo

Self-Centered Spouse: Help for Chronically Broken Marriages by Hambrick

Midlife Crisis

Lost in the Middle: MidLife and the Grace of God by Paul David Tripp

Motives/Understanding the Heart

Guiltless Living: Confessions of a Serial Sinner Captured by the Grace of God by Ginger Hubbard

A Quest for More: Living for Something Bigger Than You by Paul David Tripp

Motives: Why Do I Do the Things I Do? by Edward Welch

Discontent: Why Am I So Unhappy? By Lou Priolo

Procrastination

Priorities: Mastering Time Management by James C. Petty

Procrastination: First Steps to Change by Walter Henegar

Reconciliation

Help! I'm in a Conflict by Ernie Baker

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Domestic Violence: Is It My Fault? by Justin and Lindsey Holcomb

Resolving Everyday Conflict by Ken Sande

Resolving Everyday Conflict, Participant Guide by Peacemaker Ministries

The Peace Maker by Ken Sande

The Young Peace Maker by Corlette Sande

Redemption

Broken-Down House: Living Productively in a World Gone Bad by Paul David Tripp

Chosen by God by R.C. Sproul

The Cross by Martyn Lloyd-Jones

Whiter Than Snow: Meditations on Sin and Mercy by Paul David Tripp

Relationships

A Proverbs Driven Life: Timeless Wisdom for Your Words, Work, Wealth, and Relationships by Anthony Selvaggio

Damsels in Distress by Martha Peace

Fierce Women: The Power of a Soft Warrior by Kimberly Wagner

Help! I'm in a Conflict by Ernie Baker

Domestic Violence: Is It My Fault? by Justin and Lindsey Holcomb

Relationships: A Mess Worth Making by Timothy Lane and Paul David Tripp

Picking Up the Pieces: Recovering from Broken Relationships by Lou Priolo

War of Words: Getting to the Heart of Your Communication Struggles by Paul David Tripp

Sacrifice

God's Love: Better Than Unconditional by David Powlison

Self-Harm & Suicide

Self-Injury: When Pain Feels Good by Edward T. Welch

Help! My Friend is Suicidal by Bruce Ray

Spurgeon's Sorrows by Zack Eswine

Suicide: Understanding and Intervening by Jeffrey S. Black

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Relief Without Cutting by Baker

Cutting by Jeremy Lelek

Hope and Help for Self-Injuries and Cutters by Mark Shaw

Sex-Related

What Does the Bible Really Teach about Homosexuality? By Kevin DeYoung

Help! My Teen Struggles with Same-Sex Attractions by Ben Marshall

Help! He's Struggling with Pornography by Brian Croft

Pornography: Slaying the Dragon by David Powlison

Proven Men by Joel Hesch

Sexual Abuse: Beauty for Ashes by Robert Kellemen

Sexual Sin: Combatting the Drifting and Cheating by Jeffrey S. Black

Teens and Sex: How Should We Teach Them? by Paul David Tripp

The Secret Thoughts of an Unlikely Convert by Rosaria Champagne Butterfield

Transforming Homosexuality: What the Bible Says About Sexual Orientation and Change by Denny Burk and Heath Lambert

Create in Me a Pure Heart: Answers for Struggling Women by Gallagher

On Guard: Responding to Child Abuse at Church by Deepak and Reju

Rid of My Disgrace: Hope and Healing for Victims of Sexual Abuse by Justin Holcomb

Un-Ashamed: Healing Our Brokenness and Finding Freedom from Shame by Heather Davis Nelson

Restoring Joy to the Sexually Broken by David Powlison

At the Idol of Sexual Idolatry (Men) + Workbook by Steven Gallagher

Sinful Nature

Crucifying Morality: The Gospel of the Beatitudes by RW Glenn

Respectable Sins: Confronting the Sins We Tolerate by Jerry Bridges

Grace Abounding to the Chief of Sinners by John Bunyan

Idols of the Heart by Elyse Fitzpatrick

The Enemy Within: Straight Talk About the Power and Defeat of Sin by Kris Lundgaard

Whiter Than Snow by Paul David Tripp

How Can I Change? by Mahaney/Boisvert

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Sovereignty of God

The Attributes of God by Arthur W. Pink

Chosen by God by R.C. Sproul

God is Holy by R.C. Sproul

Suffering and the Sovereignty of God by John Piper and Justin Taylor

Grand Demonstration: Biblical Study of the So-Called Problem of Evil by Jay E. Adams

The Sovereignty of God by A.W. Pink

Trusting God Even When Life Hurts by Jerry Bridges

Mining for Wisdom: 28 Studies of Job by Thomas

The Hand of God by Alistair Begg

Special Needs

Same Lake, Different Boat by Stephanie O. Hubach

Spiritual Growth

Christ Formed in You: The Power of the Gospel for Personal Change by Brian G. Hedges

Created in God's Image by Anthony A. Hoekema

Face to Face, Volume One: Praying the Scriptures for Intimate Worship by Kenneth Boa

Face to Face, Volume Two: Praying the Scriptures for Spiritual Growth by Kenneth Boa

A Quest for More by Paul David Tripp

A Proverbs Driven Life by Anthony Selvaggio

Active Spirituality by Brian G. Hedges

Broken-Down House by Paul David Tripp

Crucifying Morality by RW Glenn

Desiring God by John Piper

Disharmony by IRBC

God's Love: Better Than Unconditional by David Powlison

Godliness Through Discipline by Jay E. Adams

Grace Abounding to the Chief of Sinners by John Bunyan

How Can I Change? Victory in the Struggle Against Sin by C.J. Mahaney and Robin Boisvert

Prophet on the Run by Baruch Maoz

IRBC Book List
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Respectable Sins by Jerry Bridges

The Practice of Godliness by Jerry Bridges

The Twin Pillars by Wayne Mack

Theology Made Practical by Joel Beeke, David Hall, and Michael Haykin

Stress

A Steadfast Heart by Elyse Fitzpatrick

Faith in the Furnace: Understanding God's Purpose by Ian Rees

IRBC Reformed Biblical and Clinical Counseling Source Unit: Panic Disorder by IRBC

Post Traumatic Stress Disorder by Jeremy Lelek

Stress: Peace Amid Pressure by David Powlison

Why Does God Allow War by Martyn Lloyd-Jones

Suffering

Reservoirs of Strength: Lessons from the Book of James by Gerald M. Bilkes

Down, But Not Out by Wayne Mack

Spurgeon's Sorrows by Zack Eswine

Suffering and the Sovereignty of God by John Piper and Justin Taylor

Suffering: Eternity Makes a Difference by Paul David Tripp

Trusting God by Jerry Bridges

Why Me? Comfort for the Victimized by David Powlison

Suffering Is Never for Nothing by Elizabeth Elliot

A Shelter in the Time of Storm: Meditations on God and Trouble by Paul David Tripp

It's Not Fair: Finding Hope When Times are Tough by Wayne Mack

Uncategorized

Victory Over Sin

How Can I Change? Victory in the Struggle Against Sin by C.J. Mahaney and Robin Boisvert

Whiter Than Snow: Meditations on Sin and Mercy by Paul David Tripp